



When: Begins **MONDAYS** April 23rd, 5-6:30 PM

Location: RLC 8911 E Orme St. Suite D

# TEEN ED PROCESS GROUP

FOR TEENS (13-18) WITH EATING DISORDERS

**This group is designed to help teens with EDs:**

- Combat self criticism & build self-esteem
- Generate authentic connections
- Develop skills to gain shame resilience in your recovery

**PLEASE RSVP - SPACES ARE LIMITED**

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PRICING: \$40 per group or \$35 with a 12 week commitment

